



NOVEMBER MARKET SPECIALS



Organic
Squash
Acorn, Delicata,
Butternut, Spaghetti

99¢ lb

Reg. 1.29



Organic
Red Beets

1.69 lb

Reg. 2.29

Living Alchemy
Probiotics
All Products

25%
off



NOW
Supplements
All Products

30%
off



Enzymedica
Digestive Supplements
All Products

25%
off

Gabriel
Cosmetics
All Products

20%
off



Kate's Magik
Aromatherapy
All Products

20%
off



PRANAROM
THE SCIENCE OF ESSENTIAL OILS

All Products

20%
off

NOVEMBER FEATURED BUSINESS

Pranarom is a scientific and medical aromatherapy laboratory founded in 1991 by Dominique Baudoux, a renowned pharmacist/aromatologist.

Originally a family business, Pranarom has developed to become the undisputed and irrefutable expert in innovative and natural solutions designed from 100% pure and organic chemotyped essential oils, true targeted responses to all areas of health and suitable for the whole family.

Thanksgiving... Made Easy!

Complete Turkey Feast

All Natural | Just Heat & Serve
Vegan & Gluten-Free Options

\$229

Serves 8-10



Scan to
order
online!



Bluebonnet
Supplements
Select Products

20% off



Herb Pharm
Mushroom Products

20% off



Host Defense
Select Products

25% off



Malama
Mushrooms
All Products

15% off



Boiron
Select Cough & Cold
Products

30% off



Organic
Asian Pears

SAVE \$1.10
1.69 ea
Reg. 2.79

Organic
Yukon Gold
Potatoes
5 lb bag

5.69

Reg. 6.69



SAVE \$1.00

**PRE-ORDER
YOUR
Thanksgiving
Turkey
TODAY!**



WHILE SUPPLIES LAST
ORDER AT THE MEAT COUNTER!



Organic
Russet Potatoes
5 lb bag

3.59

Reg. 4.99

Offers valid November 16 to November 30, 2025. While supplies last. Not combinable with daily deals.