

VALENTINE'S DAY
2/14

FEBRUARY MARKET SPECIALS

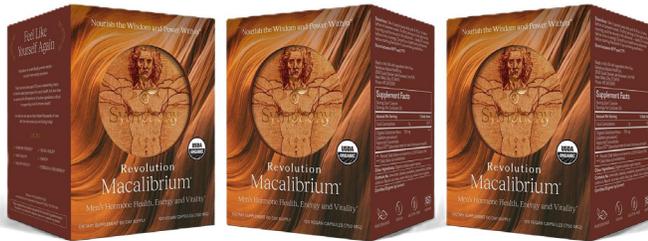


Organic Blood Oranges
2.79 lb
Reg. 3.59



Organic Purple Sweet Potatoes
2.79 lb
Reg. 3.49

Organic In-Shell Walnuts
5.49 lb
Reg. 6.29



Symphony Supplements
All Products

20% off



Host Defense Mushroom Supplements
Select Products

25% off

Ancient Nutrition
Select Products

35% off



Libido Formulas

25%



THE IRWIN ADVANTAGE

Inspired by the vitality of health, **Irwin Naturals** has led the industry with innovative formulas supported by scientific research for over 20 years.

Our liquid soft-gels are easy to swallow and release nutrients fast; our BioPerine Complex enhances the bioavailability, absorption and potency of many nutrients; and every product is quality tested to ensure purity and potency.



All Products
25% off

CARLSON NUTRITIONAL SUPPLEMENTS

In 1965 our founder, pharmacist Susan Carlson, created one of the first lines of vitamin E worldwide. In the 1980s Carlson helped launch the omega-3 market in North America, importing wild caught, sustainably sourced fish oils. In 2017, we opened our facility in Norway, where our fish oils are refined, distilled, and bottled. Today, Carlson offers more than 300 nutritional supplements, and is proud to still be family-owned and female-led by Susan's two daughters.

15% OFF
ALL REGULAR PRICED ITEMS
EVERY SUNDAY



Entire Health & Wellness Department

Pranarom
Essential Oils
All Products

20% off



Nordic
Naturals
All Products

25% off



Organic
Mint

1.79
bunch

Reg. 2.39



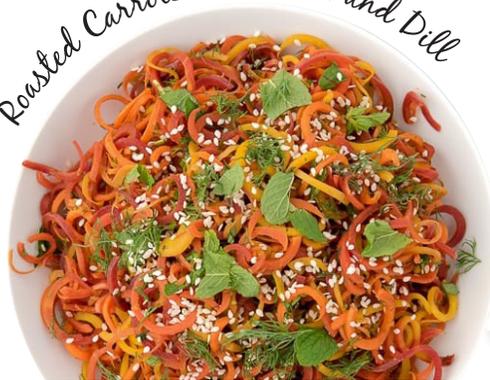
Organic
Dill

1.79
bunch

Reg. 2.39



Roasted Carrots with Mint and Dill



Scan
for the
Recipe!



Organic
Shredded
Carrots
10 oz bag

2.09

Reg. 2.39

M · A · R · K · E · T
REWARDS

EARN POINTS TOWARDS
CASH REWARDS
WITH EVERY PURCHASE

FREE
BIRTHDAY
COOKIE

SENIOR &
MILITARY
DISCOUNT DAYS

Join
Now!



Offers valid February 1 to February 15, 2026. While supplies last. Not combinable with daily deals.