



Pacific Foods Organic Soups Selected Varieties 32 oz. \$4.79	Boulder Canyon Potato Chips or Poppers Selected Varieties 5.25 to 6.5 oz. 2\$7 for	Primal Kitchen Sauces or Ketchup Selected Varieties 10 to 24 oz. \$7.49 Primal Kitchen Dressings Selected Varieties 8 oz. \$6.79	Bob's Red Mill Instant Oatmeal Selected Varieties 6 Count/9.52 oz. \$3.49 Bob's Red Mill Overnight Protein Oats Selected Varieties 4 Count/8.47 oz. \$4.29 <i>New!</i>	Waterloo Sparkling Water Selected Varieties 8 Pack \$4.79* Waterloo Sparkling Water Selected Varieties 12 Pack \$6.79*
Good Pop Frozen Desserts Selected Varieties 4 to 8 packs \$5.29	Amy's Kitchen Entrees Selected Varieties 8.25 to 10.3 oz. \$6.49	Nixie Organic Zero Sugar Sodas 12 oz. Cans \$1.79* 4 Packs \$6.99*	Stash Tea Selected Varieties 18 to 20 Count Bags \$3.29	Jonny Pops Frozen Fruit & Cream Bars Selected Varieties 6.72 to 14.8 oz. \$6.00
TCHO Organic Plant-Based Chocolate Bars Selected Varieties 2.1 oz. \$4.50	Stonyfield Organic Yogurt Selected Varieties 3.5 oz. \$2.29	Nancy's Organic Yogurt or Organic Kefir Selected Varieties 32 oz. \$5.79	Ardor Organic Sparkling Energy Drinks Selected Varieties 12 oz. 2\$5* for	La Colombe Coffee Selected Varieties 9 oz. 2\$5* for
Cappello's Breads or Cookie Dough Gluten-Free Selected Varieties 10 to 14 oz. \$7.49	Hiyo Organic Social Tonic Drinks Non-Alcoholic 12 oz. \$2.79* 4 Pack \$11.00*	Kicking Horse Organic Coffee 10 oz. \$13.29	Angie's BoomChickaPOP Popcorn Selected Varieties 4.4 to 7 oz. \$3.29	Reed's Ginger Ales or Virgil's Sodas Selected Varieties 4 Packs \$7.00
Larabar All Natural Bars Gluten Free 1.6 to 1.7 oz. \$1.29	Vive Organic Wellness Shots 2 oz. \$2.79	Fever-Tree Espresso Martini Mixer 16.9 oz. \$6.29	Magic Mind Mental Performance Shots Selected Varieties 2 oz. \$3.29*	Toby's Dressing Selected Varieties 12 oz. \$5.79
Halfday Prebiotic Iced Teas 12 oz. 2\$4* for	Alter Eco Organic Chocolate Bars Selected Varieties 2.65 to 2.82 oz. \$4.50	Mike's Hot Honey Infused with chilies. Selected Varieties 12 oz. \$8.79	Huel High Protein Meal Replacement Drinks Selected Varieties 16.9 oz. 2\$7 for	Habiza Authentic Original Hummus Selected Varieties 10 oz. \$4.49
Bonne Maman Preserves Selected Varieties 13 oz. \$6.49	Maranatha Organic Peanut Butter Selected Varieties 16 oz. \$5.99 Maranatha Almond Butter Selected Varieties 12 oz. \$10.49	Celestial Seasonings Teas Selected Varieties 12 to 20 Count \$3.99	Wildwood Organic Tofu Selected Varieties 14 to 15.5 oz. 2\$6 for	RiceSelect Signature Rice or Grains Selected Varieties 21 to 32 oz. \$7.29 RiceSelect Couscous 24.5 oz. \$5.79
Arrowhead Mills Organic Pancake & Waffle Mix Selected Varieties 22 oz. \$6.29	Evergreen Mini Waffles Selected Varieties 9 oz. \$5.29	In The Raw Sweeteners Selected Varieties 40 to 100 Count \$3.79	Divine Chocolate Fairtrade Bars Selected Varieties 3 oz. \$4.29	Bela Sardines Imported from Portugal Selected Varieties 4.23 to 4.25 oz. \$4.00
Madhava Organic Vinegars Selected Varieties 16.9 oz. \$4.00 Madhava Organic Extra Virgin Olive Oil 33.8 oz. \$25.00	Beyond Meat Plant Based Protein Selected Varieties 10 oz. \$7.99	Spectrum Condiments and Culinary Oils Selected Varieties 6 to 32 oz. \$8.79		

Wild Tonic
Organic
Jun Kombucha
Selected Varieties
12 oz.

\$3⁷⁹

Wild Tonic
Organic
Jun Kombucha
Selected Varieties
12 oz. Cans

\$2⁷⁹



WILD TONIC
ORGANIC
JUN KOMBUCHA
WITH VITAMIN C

WILD TONIC
ORGANIC
JUN KOMBUCHA
WITH VITAMIN C

WILD TONIC
ORGANIC
JUN KOMBUCHA
WITH VITAMIN C

USDA
ORGANIC

Mary's Gone Crackers
Organic
Crackers
Selected Varieties
4 oz.

\$3.79

MARY'S GONE CRACKERS
Citrus Zest
vegan friendly

MARY'S GONE CRACKERS
ORIGINAL
CRACKERS
100% WHOLE GRAIN
NO GLUTEN
NO YEAST
NO SUGAR
NO OIL
NO PRESERVATIVES

USDA ORGANIC
NON GMO VERIFIED

Unreal
Chocolate
Selected Varieties
3.2 to 5 oz.

\$5⁹⁰

UNREAL
dark chocolate
caramel
peanut butter cups
3.2 oz (90g)

UNREAL
dark chocolate
peanut butter cups
5 oz (141g)

**NON-GMO
VERIFIED**

Little Sesame
Hummus
Selected Varieties
8 oz.

\$3⁹⁹



The image shows two tubs of Little Sesame Hummus. The tub in the foreground is blue and labeled 'CLASSIC HUMMUS' and 'SMOOTH CLASSIC HUMMUS'. The tub in the background is green and labeled 'HERBY CALAPENO HUMMUS'. Both tubs have the 'Little Sesame' logo and 'SPECIAL FORMULA' text.

Tru Fru
Nature's Fruit
in Chocolate
Selected Varieties
8 oz.

\$749



Riot
Energy Drinks
Selected Varieties
16 oz.

2\$4
for



RIOT
ENERGY

ZERO
ARTIFICIAL
ANYTHING

STIMULANT *CAFFEINE*

STRAWBERRY LEMONADE

DIETIC LIME

La Tourangelle
Organic Extra
Virgin Olive Oil
Selected Varieties
25.4 oz.

\$19⁷⁹

EXTRA VIRGIN OLIVE OIL
Bright & Pungent
100% ORGANIC

USDA ORGANIC

100% ORGANIC

USDA ORGANIC

NON GMO VERIFIED
BY QAI

Somos
Authentic
Mexican Rice
Selected Varieties
8.5 to 8.8 oz.

\$3²⁹

Somos
Beans
10 oz.
\$2²⁹

The image displays five bags of Somos brand Mexican food products. The bags are arranged in a slightly overlapping manner. The top row features a bag of Plant Based Cilantro Rice (green and white) and a bag of Mexican Street Corn White Rice (orange and white). The bottom row features a bag of Mexican Black Beans (green and white), a bag of Pinto Beans (blue and white), and a bag of Beans (blue and white). Each bag has the Somos logo and the text 'FOOD IS LOVE - MEXICO'. The bags are decorated with colorful patterns and images of the food.

SOWN
Organic
Oat Creamer
32 oz.

\$5.49



Made in Nature
Organic Dried
or Snacks
Selected Varieties
9 to 12 oz.

\$4⁹⁹



MADE IN NATURE
ORGANIC DRIED
MANGOES

MADE IN NATURE
ORGANIC DRIED
CRANBERRIES

MADE IN NATURE
ORGANIC DRIED
RASPBERRIES

USDA
ORGANIC

NON
PARM

Melting Forest
Adaptogen & Nootropics
Sparkling Drinks
 Selected Varieties
 12 oz.

\$5.49*

Talenti
Gourmet Gelato
e Sorbetto
Selected Varieties
16 oz. Pints

\$5²⁹



Earth's Best
Organic Pouches
Selected Varieties
3.5 to 4.2 oz.

2\$4
for



The image shows two Earth's Best Organic pouches. The front pouch is 'Organic Chicken Casserole' and features an illustration of a chicken, broccoli, and carrots. The back pouch is 'Organic Banana Blueberry + Oat' and features an illustration of a banana and blueberries. Both pouches have a red cap and a '90% less salt' seal.

ORGANIC CHICKEN CASSEROLE
90% less salt
vegetable • chicken • potato

ORGANIC BANANA BLUEBERRY + OAT
90% less salt
fruit • grain • yogurt

USDA
ORGANIC

Noosa
Yoghurt
Selected Varieties
5.8 to 8 oz.

\$2⁹⁹



The image shows two tubs of Noosa Yoghurt. The top tub is blueberry flavor, with a blue lid and a white body. The bottom tub is raspberry flavor, with a pink lid and a white body. Both tubs feature the Noosa logo and the words 'Real Yoghurt'.

Native Forest
Organic
Coconut Milk
Selected Varieties
13.5 oz.

\$3²⁹



NATIVE FOREST
ORGANIC COCONUT MILK
CLASSIC

NATIVE FOREST
ORGANIC COCONUT MILK
LIGHT

USDA
ORGANIC

NON GMO
PROJECT

Vital Farms
Organic Pasture Raised
Large Eggs
12 Count

\$9.29



The image shows two identical cartons of Vital Farms Organic Pasture Raised Large Eggs, 12 count each. The cartons are dark green with white and yellow text. The top carton is slightly behind the bottom one. Both cartons feature the Vital Farms logo, a USDA Organic seal, and a 'Pasture Raised' seal. The text on the cartons includes 'PASTURE RAISED', 'ORGANIC', 'PASTURE RAISED', and 'LARGE EGGS'. There is also a small illustration of a chicken on the side of each carton.

Rudi's Bakery
Organic
Breads
Selected Varieties
22 oz.

\$5.49

Rudi's Bakery
Organic Thin Breads or
English Muffins
Selected Varieties
12 to 18 oz.

\$4.79



Fillo's Walking Tamales
Selected Varieties
4 oz.

\$2.29

Fillo's Beans or Lentils
Selected Varieties
10 oz.

\$3.79



Sol-Ti
Organic
Superfood Shots
 Selected Varieties
 2 to 2.1 oz.

2\$5*
 for

Sol-Ti
GINGER
SuperShot
 2.1 FL. OZ. (62 mL)
 Liking Beverage

Sol-Ti
TURMERIC
SuperShot
 2.1 FL. OZ. (62 mL)
 Liking Beverage

GT's
Alive
Adaptogenic
Blend Teas

16 oz.

2\$5*
for 5

Sun Luck
Oils and S
Selected Varieties
3.25 to 16 oz.

\$379



California Olive Ranch
Everyday
Global Blend
Olive Oil
16.9 oz.

\$16²⁹



California Olive Ranch
Extra Virgin
Olive Oil
Copa de Oro
16.9 oz.

**Melt
Organic P
Spread or
Selected Varieties
13 to 16 oz.**

\$5⁹⁹



**A la Maison
Hand & Body
Soap**
Selected Varieties
16.9 oz.

\$6⁷⁹

**A la Maison
Bar Soaps**
Selected Varieties
8.8 oz.

**Owyn
Plant Based
Protein Soap**
Selected Varieties
12 oz.

\$3²⁹

DERM E
Skin Care
Selected Varieties
1 to 2 oz.

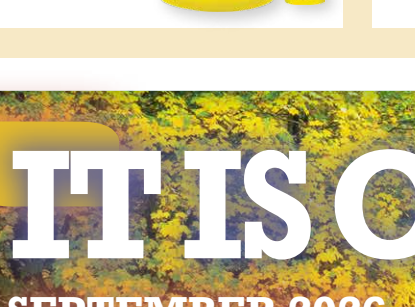
\$13⁹⁹

DERM E
Skin Care
Selected Varieties
.5 to 2 oz.

\$15⁷⁹

Tom's of Maine
Toothpaste
Mouthwash
Selected Varieties
4 to 16 oz.

\$5⁹⁹



Seeds of Change
Organic
Rice or Grains
Selected Varieties
8.5 oz.

2\$6
for

Seeds of Change
Organic
QUINOA & BROWN RICE
WITH GARLIC
8.5 OZ

Seeds of Change
Organic
JASMINE RICE
8.5 OZ

USDA
ORGANIC

NON
GMO
VERIFIED

Seal the Seasons
Frozen Fruit
Selected Varieties
24 to 32 oz.

\$9⁹⁹



Mamma Chia
Organic Squeeze
Fruit Blends
 Selected Varieties
 3.5 oz.

2 for \$3

Mamma Chia
 Organic Black
 Chia Seeds
 12 oz.

\$5.79

CHIA SEED

ORGANIC Mamma Chia
 Wild Raspberry
 3.5 FL OZ (100 mL)

ORGANIC Mamma Chia
 Blackberry Bliss
 3.5 FL OZ (100 mL)

100% NATURAL

Brooklyn Biltong
Air Dried Beef
Grass Fed
Selected Varieties
2 oz.

\$700

Sun Luck
JAVO CHILI OIL
100% NATURAL

Sun Luck
PURE SESAME OIL
100% NATURAL

Wilde
Protein Chips
Real Seasoning
Himalayan Pink Salt

t Butter
 cks

Almond Breeze
 Non-Dairy
 Beverages
 Selected Varieties
 64 oz.

\$4²⁹

melt
 ORGANIC
 COLD PRESSED
 PLANT BUTTER

melt
 ORGANIC
 COLD PRESSED
 PLANT BUTTER

UNWEETENED
 50% LESS SUGAR
 100% ALMOND MILK
 Almond
 Breeze
 unsweetened
 Original

UNWEETENED
 50% LESS SUGAR
 100% ALMOND MILK
 Almond
 Breeze
 unsweetened
 Original

The collage features four distinct products:

- Top Left:** A jar of 'The Body Shop' Body Butter, labeled 'Body Butter' and 'Body Butter'.
- Top Right:** A box of 'You Care' Coffee Filters, labeled 'You Care' and 'Coffee Filters'.
- Bottom Left:** A box of 'Tom's of Maine' Sensitive + Pain Relief toothpaste, labeled 'Tom's of Maine' and 'Sensitive + Pain Relief'.
- Bottom Right:** A bottle of 'Tom's of Maine' Sea Salt/Vibex Deodorant, labeled 'Tom's of Maine' and 'SEA SALT/VIBEX DEODORANT'.

Siete
**Tortilla Chips,
Puffs or Salsa**
Selected Varieties
4 to 10.5 oz.

2\$9
for



The image displays three Siete brand products. In the foreground is a glass jar of 'Mild Salsa Roja' with a red lid and a label featuring the Siete logo and 'Grain Free' text. Behind it are two bags of snacks. The bag on the left is orange and yellow, labeled 'Queso Grain Free Puffs'. The bag on the right is blue and green, labeled 'Grain Free Sea Salt Tortilla Chips'. Both bags also feature the Siete logo and 'Grain Free' text. A small 'NON GMO' logo is visible in the bottom right corner of the image.

Bitchin' Sauce
Gluten Free
Sauces
 Selected Varieties
 7 to 8 oz.

\$5.29

ORIGINAL BITCHIN' SAUCE
 7 to 8 oz. (227 g)
 100% Natural
 No MSG
 No Preservatives
 No Artificial Flavors
 No Artificial Colors
 No Nuts
 No Dairy
 No Eggs
 No Soy
 No Wheat
 No Corn
 No Rice
 No Beans
 No Peas
 No Lentils
 No Potatoes
 No Onions
 No Garlic
 No Yeast
 No Fermentation
 No Alcohol
 No Sugar
 No Salt
 No Vinegar
 No Oil
 No Fat
 No Protein
 No Carbohydrates
 No Fiber
 No Vitamins
 No Minerals
 No Antioxidants
 No Preservatives
 No Artificial Flavors
 No Artificial Colors
 No Nuts
 No Dairy
 No Eggs
 No Soy
 No Wheat
 No Corn
 No Rice
 No Beans
 No Peas
 No Lentils
 No Potatoes
 No Onions
 No Garlic
 No Yeast
 No Fermentation
 No Alcohol
 No Sugar
 No Salt
 No Vinegar
 No Oil
 No Fat
 No Protein
 No Carbohydrates
 No Fiber
 No Vitamins
 No Minerals
 No Antioxidants

CREAMY VANILLA BITCHIN' SAUCE
 7 to 8 oz. (227 g)
 100% Natural
 No MSG
 No Preservatives
 No Artificial Flavors
 No Artificial Colors
 No Nuts
 No Dairy
 No Eggs
 No Soy
 No Wheat
 No Corn
 No Rice
 No Beans
 No Peas
 No Lentils
 No Potatoes
 No Onions
 No Garlic
 No Yeast
 No Fermentation
 No Alcohol
 No Sugar
 No Salt
 No Vinegar
 No Oil
 No Fat
 No Protein
 No Carbohydrates
 No Fiber
 No Vitamins
 No Minerals
 No Antioxidants

ORIGINAL BITCHIN' SAUCE
 7 to 8 oz. (227 g)
 100% Natural
 No MSG
 No Preservatives
 No Artificial Flavors
 No Artificial Colors
 No Nuts
 No Dairy
 No Eggs
 No Soy
 No Wheat
 No Corn
 No Rice
 No Beans
 No Peas
 No Lentils
 No Potatoes
 No Onions
 No Garlic
 No Yeast
 No Fermentation
 No Alcohol
 No Sugar
 No Salt
 No Vinegar
 No Oil
 No Fat
 No Protein
 No Carbohydrates
 No Fiber
 No Vitamins
 No Minerals
 No Antioxidants

Tazo
Organic Teas
 Selected Varieties
 15 to 20 Count

\$4.79

Tazo
Concentrate Lattes
 Selected Varieties
 32 oz.

\$7.00

[illegible][illegible]

Coffee Filters
For automatic drip coffee makers

Dr. Bronner's
All-Purpose Cleaner
Selected Varieties
16 oz.

\$8.49

32 oz. **\$12.79**

Dr. Bronner's
ALL-PURPOSE BIODEGRADABLE CLEANER
EUCALYPTUS & SPRUCE
ALL PURPOSE
16 FL. OZ.

Dr. Bronner's
ALL-PURPOSE BIODEGRADABLE CLEANER
EUCALYPTUS & SPRUCE
ALL PURPOSE
32 FL. OZ.

**per Stack and
dish Bags**



NATURAL AND ORGANIC

you for shopping local!



IT IS ONLY NATURAL AND ORGANIC

SEPTEMBER 2026

Thank you for shopping local!